



Preapproved Certification Programs

Below is a list of Certification Programs that are preapproved for Category 1 CME and the maximum amount of CME credits they are worth. These programs are preapproved (sponsored) for Category 1 CME regardless of who presents the programs or where they are presented. Completion of any program is necessary to log the credits toward the CME requirement. You may earn and apply CME credits for the same certification program once in a calendar year and no more than twice per logging cycle. To log a Certification Program, [sign in](#) to your personal certification record.

When logging Category 1 CME credits for a certification program below that has a **range of hours**, you will log the amount of hours you spent completing the course within that range, but no more than the maximum amount of Category 1 credits listed. If you have a certificate that awards a specific amount of Category 1 credits for completing the program, you should log the amount of Category 1 credits awarded on the certificate, not exceeding the maximum amount of Category 1 hours listed for the program below.

Certification Program Title	Category 1 (Preapproved) Credits
ABLS - Advanced Burn Life Support Pre-hospital Course	6
ABLS - Advanced Burn Life Support - Provider Course	7
ABLS - Advanced Burn Life Support - Instructor Course	4.5
ACLS - Advanced Cardiac Life Support	8-16
ACLS Instructor - Advanced Cardiac Life Support Instructor	8
ACLS EP - Advanced Cardiac Life Support - Experienced Provider	9-10
ADLS - Advanced Disaster Life Support	13

Adult CPR/AED (American Red Cross)	2.75
Adult CPR/AED Challenge (American Red Cross)	1
Adult CPR/AED Review (American Red Cross)	1.75
Adult and Pediatric First Aid/CPR/AED (American Red Cross)	5.5
Adult and Pediatric First Aid/CPR/AED Challenge (American Red Cross)	1.75
Adult and Pediatric First Aid/CPR/AED Review (American Red Cross)	3.5
Adult and Pediatric CPR/AED (American Red Cross)	3.25
Adult and Pediatric CPR/AED Challenge (American Red Cross)	1
Adult and Pediatric CPR/AED Review (American Red Cross)	2.25
Adult First Aid/CPR/AED (American Red Cross)	4.75
Adult First Aid/CPR/AED Challenge (American Red Cross)	1.5
Adult First Aid/CPR/AED Review (American Red Cross)	3.25
ALS PEPP - Advanced Life Support - Pediatric Education for Prehospital Professionals	13
ALSO - Advanced Life Support in Obstetrics - Instructor Course	7.75
ALSO - Advanced Life Support in Obstetrics - Provider Course	18.25

APLS - Advanced Pediatric Life Support	14.5
Army Flight Surgeon Primary Course - Phase I	50
Army Flight Surgeon Primary Course - Phase II	50
*ATLS - Advanced Trauma Life Support - Physician Extenders - 2 day course	19
*ATLS - Advanced Trauma Life Support - 2 day course	19
*ATLS - Advanced Trauma Life Support - 2.5 day course	19
*ATLS - Advanced Trauma Life Support - Instructor Course	12
*ATLS - Advanced Trauma Life Support - 1 day refresher	7
*ATLS - Advanced Trauma Life Support - 1/2 day refresher	5
AWLS - Advanced Wilderness Life Support	17.5 or 24.5
BDLS - Basic Disaster Life Support	7.5
Bloodborne Pathogens (American Red Cross)	2
BLS - Basic Life Support for Healthcare Providers (aka BCLS)	6-8
BLS Instructor - Basic Life Support Instructor Course	6-8
BLS PEPP - Basic Life Support - Pediatric Education for Prehospital Professionals	7

BTLS - Basic Trauma Life Support	16
C4 - Combat Casualty Care Course	49
CALS Trauma & Provider Course – Comprehensive Advanced Life Support	17.75
CDLS - Core Disaster Life Support	3.5
CPR - Cardiopulmonary Resuscitation for the Professional Rescuer	9
CPR/AED for Professional Rescuers and Health Care Providers (American Red Cross)	5.5
CPR/AED for Professional Rescuers and Health Care Providers Challenge (American Red Cross)	1.75
CPR/AED for Professional Rescuers and Health Care Providers Review (American Red Cross)	3
CPR/AED for Professional Rescuers and Health Care Providers Instructor (American Red Cross)	9.5
FCCS - Fundamental Critical Care Support	16
First Aid (American Red Cross)	3
First Aid Challenge (American Red Cross)	1
First Aid Review (American Red Cross)	2

First Aid/CPR/AED Instructor (American Red Cross)	10
Heartsaver CPR - All Ages	5.5-6
Heartsaver CPR - Adult only	3
Heartsaver CPR - Infant/Child only	3
Heartsaver AED - Adult only	3
Heartsaver AED - Adult AED and Infant/Child CPR	6.25
Heartsaver First Aid	3-4
Heartsaver First Aid with CPR & AED	6-7
Heartsaver First Aid - Pediatric Module (infant/child CPR & child AED)	3.5
ITLS Access - International Trauma Life Support Access	8
ITLS Advanced - International Trauma Life Support Advanced	16
ITLS Basic - International Trauma Life Support Basic	16
ITLS Military - International Trauma Life Support Military	8
ITLS Pediatrics - International Trauma Life Support Pediatrics	8
ITLS Instructor - International Trauma Life Support Instructor	8

NRP - Neonatal Resuscitation Program	varies
PALS - Pediatric Advanced Life Support	16
PALS Instructor - Pediatric Advanced Life Support Instructor	8
PEARS - Pediatric Emergency Assessment, Recognition and Stabilization	6.5
PEARS Update - Pediatric Emergency Assessment, Recognition and Stabilization Update	5-6
Pediatric CPR/AED (American Red Cross)	3.25
Pediatric CPR/AED Challenge (American Red Cross)	1
Pediatric CPR/AED Review (American Red Cross)	2.25
Pediatric First Aid/CPR/AED (American Red Cross)	5.5
Pediatric First Aid/CPR/AED Challenge (American Red Cross)	1.75
Pediatric First Aid/CPR/AED Review (American Red Cross)	3.5
PHTLS - Prehospital Trauma Life Support - Provider	16-20
PHTLS - Prehospital Trauma Life Support - Instructor	8
PHTLS - Prehospital Trauma Life Support - Refresher	8

TCCC - Tactical Combat Casualty Care	16
WALS - Wilderness Advanced Life Support	36

*NCCPA will accept a letter of audit for this course.